

## **SUMMER SESSION OPENING CEREMONY (2016)**

### **Kathryn T. Gines, Ph.D.**

#### Publications:

1. Interview, Journal of African Philosophy
2. Pedagogies and Praxes Chapter (2<sup>nd</sup> Revisions)
3. Race and Existentialism chapter for *Routledge*
4. Arendt and Race Chapter w/key words for *Bloomburg*
5. Charles Mills Essay (1<sup>st</sup> Revisions)

#### Conferences/Travel:

1. Cooper/ALA Conference in San Francisco
2. Arendt/NEH at UC Davis
3. Foucault/Collegium Phaenomenologicum (Italy)
4. Beauvoir/Decolonizing Feminism (South Africa)

#### Teaching:

1. Maymester: Africana Philosophy Graduate Seminar

#### Service/Administration:

1. Tenure Letter
2. Send teaching preferences email to the faculty
3. Transition Document for New Department Head
4. AFAM Budget

#### Work.Life.Wellness.Balance.Bliss.:

1. 30/30 Mediation Seminar June 1-30, 2016 (<http://www.balance.ktgphd.com/3030-meditation-program.html>)
2. Running (15 miles per week: 1.5+ 3+ 1.5+ 4+ 5)

**What are your goals for the Summer Session? (How do you feel about your goals?):** After an administrative heavy academic year (2016-2017) and now going into a sabbatical year (2016-2017), I hoped to have a light and relaxing summer. The goals outlined here are more than I expected to take on this summer, but I do not want to carry them into my sabbatical. With that in mind, I will be mindful about my perfectionism, acknowledging it and letting it go so that I am not hindered or slowed down in my writing. I will also be intentional about maintaining a relaxed schedule this summer (limiting work week hours to 9am-3pm). I remain excited and energized by my work with *Work.Life.Wellness.Balance.Bliss.* I am really looking forward to the 30/30 Mediation Seminar June 1-30, 2016 (<http://www.balance.ktgphd.com/3030-meditation-program.html>). It is very centering and affirming for me and for the participants!

**What do you need to be able to open up to another beginning and the new possibilities that are before you for the Summer Session?:** I am open to a relaxed schedule and pace this summer. I am open to getting into my flow and achieving my goals with ease. I am open to family trips to the pool and the beach. I am open to farmers markets, and fresh fruit preserves, and the feeling of the warm sun on my skin and cool breezes in my hair. I am open to meeting new people and learning and experiencing new things. I am open to this being the best summer ever!

**Write a positive affirmation to encourage yourself.:** I am in my flow and I accomplish my goals with ease.